

# DAILY LIVING SKILLS NECESSARY FOR YOUTH WITH SPECIAL NEEDS

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# UNIT: SAFETY

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## Basic Pedestrian Safety Signs and Procedures

**Essential Elements:** To develop concepts and skills that foster personal health and safety

**Objective:** Students will learn to practice basic pedestrian safety.

**Group Size:** Entire class, or small groups of two to three

**Materials Needed:** Various functional signs, posters, or pictures of signs; voice output device and audio cards

**Resources: Supplemental lesson**—“Community Awareness,” MacMillan Early Skills Program (Newbridge

### Teaching Activities

1. Introduce posters depicting various pedestrian safety signs. Discuss the meaning of each sign. Ask the students: “What would a city be like without safety signs and rules to follow?”
2. During community-based instruction, introduce safety rules, such as “Look both ways before crossing the street,” and provide students with the opportunity to observe a variety of traffic signs that pedestrians must be aware of.
3. Instruction should include actual practice, until the evaluation criteria are met.
  - a. Have students cross the street, following a model.
  - b. Have students cross the street alone, with prompting (visual, verbal, or physical).
  - c. Have students cross the street independently.
  - d. Generalize these safety procedures to other settings, such as parking lots and driveways.
4. Teach the game Cross With Care and have students play it.
5. Take photographs of the students observing various pedestrian rules; display them and review them regularly.
6. Take a field trip to the Department of Public Safety. Have a police officer or other safety personnel explain pedestrian safety to the students.
7. Use different safety signs like flash cards or affix them to cards to slide through a card reader.
8. Review the meaning of a red light (stop), a green light (go), and a yellow light (prepare to stop).
9. See the activities that follow.

**Reflection:** Review and summarize basic pedestrian safety signs and procedures. Ask the students to imagine a city where everyone obeys safety signs and procedures. What would it be like to live there?

**Evaluation:** Correct response on eight of 10 attempts (80 percent) on a consistent basis; observation of actual practice on the street, sidewalk, parking lot, or driveway.

# ACTIVITY

## CROSS WITH CARE

This game will help reinforce students' recognition of traffic signs and understanding of safety rules.

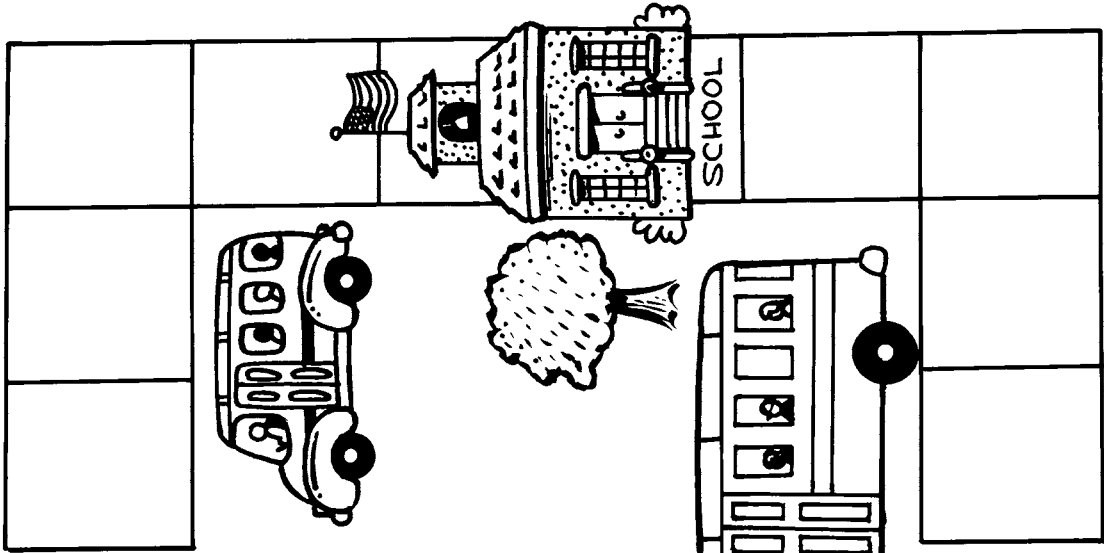
**You need:** Game cards and game board (see following pages); oaktag; scissors; red, yellow, and green markers; and small objects to use as playing pieces (buttons, coins, or paper clips)

**Optional:** Clear plastic adhesive

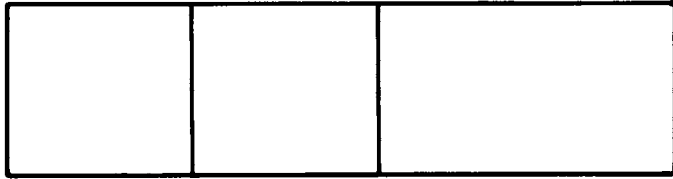
### Steps:

1. Make four copies of the game cards and one copy of the game board.
2. Glue the cards and game board onto oaktag and cut them out along the dotted lines.
3. Use red, yellow, or green markers to color in one circle on each traffic light card. Make four cards showing red lights, four with yellow lights, and four with green lights.
4. Laminate the cards and game board or cover with clear plastic adhesive.
5. Shuffle the cards and place them face down in a pile next to the game board. Two to four students may play. Give each child a small object (button, coin, or paper clip) to use as a playing piece. Have students place their pieces on the house marked "HOME" on the game board.
6. Explain that the boxes on the game board represent sidewalks. Each player must move his or her piece from HOME to SCHOOL, staying on the sidewalks and crossing the streets only at the corners. Players may move along any route they choose. To cross a street, a player must draw a card showing a green light, a crossing guard, or a "walk" sign. If the child draws a red light, a yellow light, or a "don't walk" sign, he or she loses the turn. A player may move his or her piece only once during a turn.
7. Let the youngest child begin. The player may choose to move his or her piece one space along the sidewalk, or to draw the top card from the pile and try to cross the street. The player may cross the street only if the card drawn shows a green light, a crossing guard, or a "walk" sign. The card is then placed face up next to the card pile.
8. The game continues clockwise, each player moving his or her piece one space along the sidewalk, or crossing a street at a corner after drawing an appropriate card. If there are no more cards left in the pile, the discarded cards may be shuffled and turned face down. The first player to reach the school is the winner.

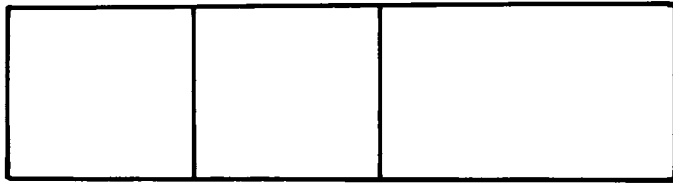
CROSS WITH CARE  
GAME BOARD



PINE STREET



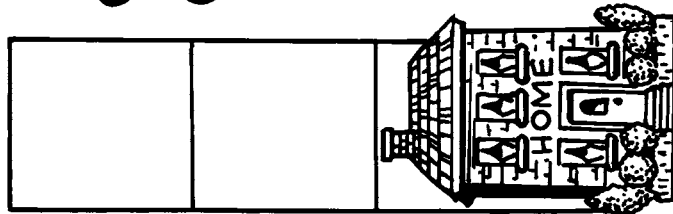
MAPLE LANE

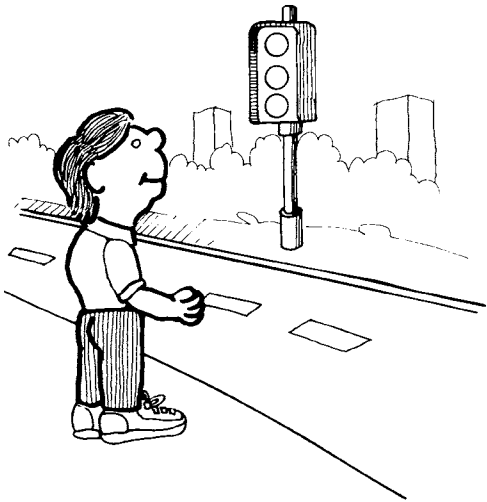


APPLE AVENUE

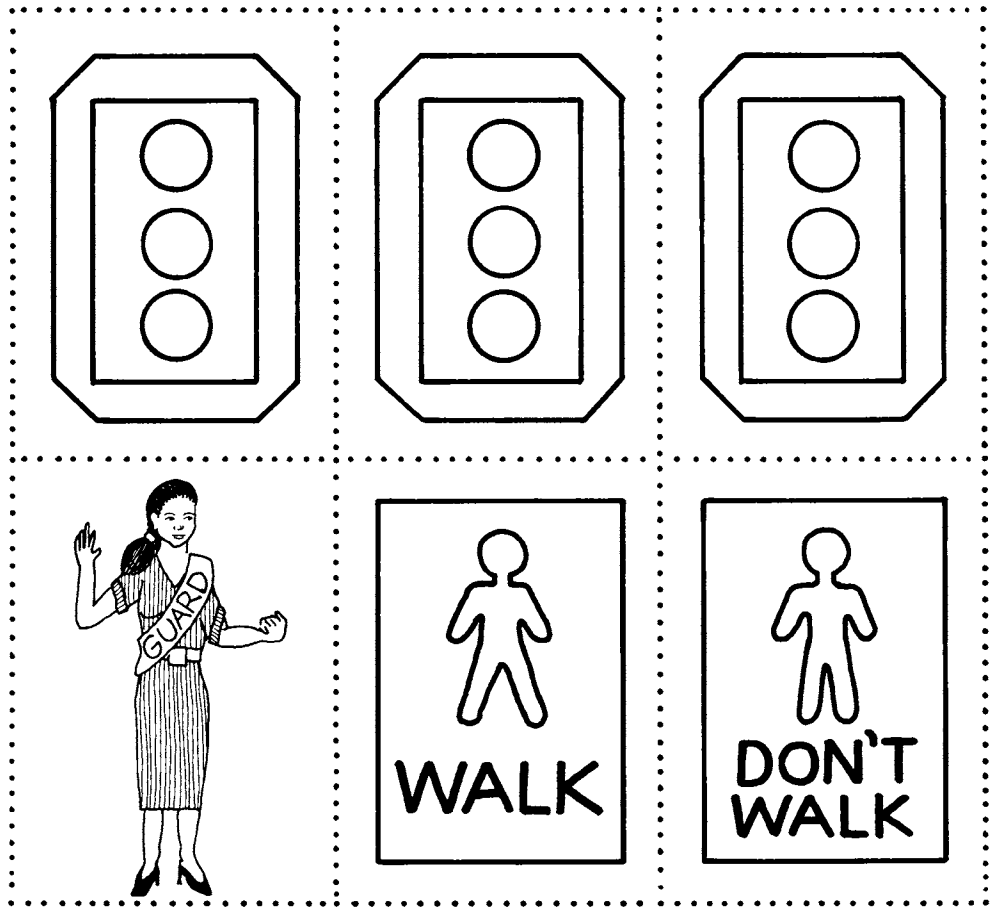


ELM STREET





**GAME CARDS  
FOR "CROSS WITH CARE"**



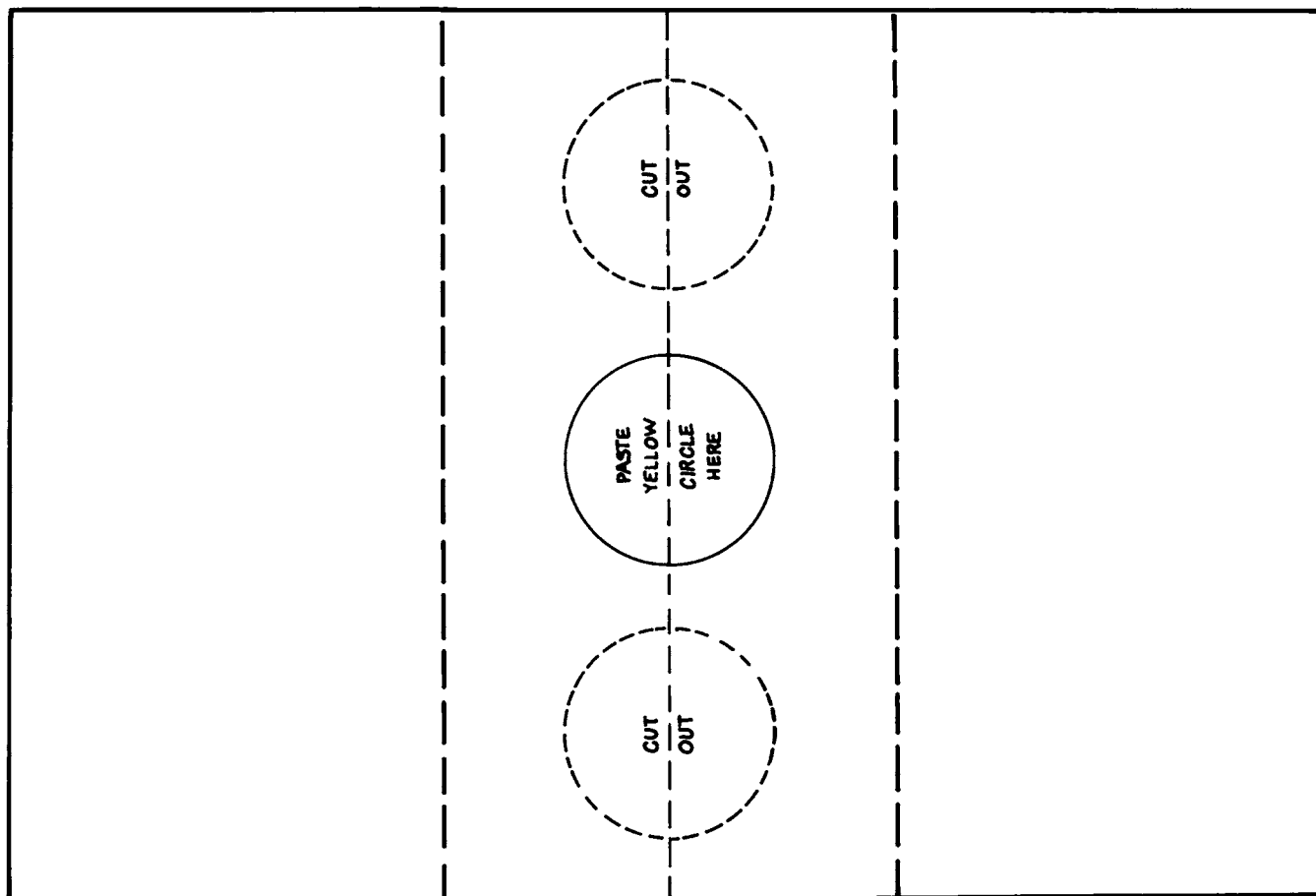
## SAFETY SIGNAL

Copy this page and the following page on white construction paper.

You will also need one craft stick, and three pieces of construction paper (one red, one yellow, one green), each  $2\frac{1}{2}$ "  $\times$   $2\frac{1}{2}$ " square.

1. Cut out the large rectangle, and fold on the broken lines. Cut out two circles on the front.
2. Open the folder and paste red and green squares inside as shown. Fold closed and paste the flap in back.
3. Cut out a circle, about  $1\frac{1}{4}$ " in diameter, from yellow paper. Paste it between the cutout holes on the front.
4. Cut out the small rectangle. Tape or paste the craft stick on the right side at the X.
5. Slide the small rectangle inside the folder. Using the stick, push or pull it to make the signal work.

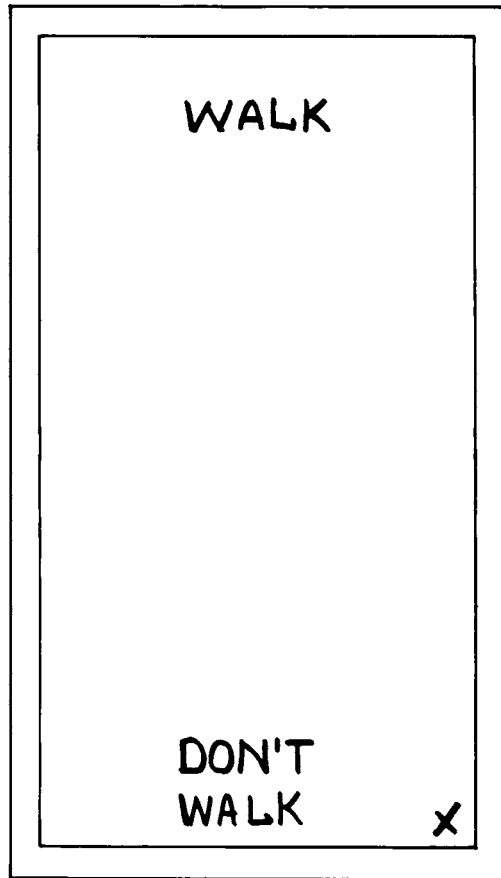
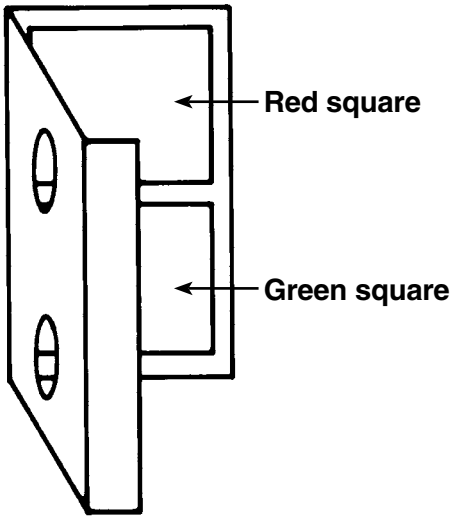
**1.**



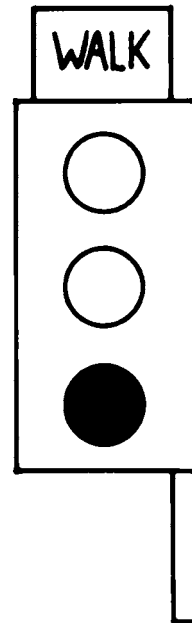
**3.**

**SAFETY SIGNAL  
INSTRUCTIONS**

**2.**



**4.**



**5.**

