FOURTH GRADE

Teacher's Guide

Mission Statement

It is the mission of Learning for Life to enable young people to become responsible individuals by teaching positive character traits, career development, leadership, and life skills so they can make ethical choices and achieve their full potential.

Special Note: There are 36 lesson plans in this book divided into the following categories: Respect, Responsibility, Honesty/Trust, Caring/ Fairness, Perseverance, Self-Discipline, Courage, Citizenship, and Life Skills. Even though lessons are divided into categories, many overlap and focus on similar issues.



CONTENTS

Introduction3	
Classroom Instructions4	
Good Books Teach Character5	



RESPECT	9
Ethnic Heritage	
Race, Religion, and Culture	
Respecting Differences	25
World Cultures	31



ESPONSIBILITY	37
Being a Good Worker	
Choices	
Decision Making	53
Meeting Deadlines	61
Socially Responsible Behavior	67



ONESTY/TRUST	73
People Who Cheat	
Trust Me—I Won't Let You Down	
When People Steal From Me	83



RING/FAIRNESS	87
Conflict Resolution	
Empathy	95
Something Special About Me	99
Understanding People With Special Needs	. 103



ERSEVERANCE	111
Never Give Up	
Never Lose Sight	
Overcoming Poor Decisions	



SE

LF-DISCIPLINE	129
Anger/Conflict Management	131
Building My Self-Confidence	137
Coping With Stress	141
Developing Good Listening Skills	145
Self-Awareness	149
Setting Goals	155



COURAGE	161
Accepting Consequences	
Building My Courage	167
Standing Up for Me	
Sticking to What's Right	



CITIZENSHIP		
Communit	у	179
	edom?	



LIFE SKILLS	
Clean Air and Water	
Fire Safety	197
Money Management	203
Personal Habits for a Lifetime	207
Places and Maps	
Acknowledgments216	

32109 978-0-8395-2109-9 ©2016 Learning for Life 2016 Printing www.LearningforLife.org

INTRODUCTION

The Learning for Life character education program has been developed to meet the critical needs of our nation's schools and communities. It is designed to support schools and organizations in their efforts to prepare youth to successfully handle the complexities of contemporary society and to enhance their self-confidence, motivation, and self-esteem. Learning for Life will enhance social and life skills, assist in moral and character development, and help youth formulate positive personal values. This program will prepare youth to make ethical decisions that will help them achieve their full potential.

Program Methods

- Learning for Life features grade-appropriate, theme-oriented lesson plans to be used in the classroom to enhance and support the core curriculum.
- Learning for Life incorporates an action-learning process and uses teaching techniques such as roleplaying, small-group discussions, reflective and moral dilemma exercises, and hands-on activities.
- Learning for Life suggests that you teach one lesson each week. Lessons are designed to last approximately 45 minutes to an hour. A lesson may offer more activities than time allows. It is at the discretion of the teacher to select which activities to conduct during the time allotted or to decide to continue the lesson at another time.

Family/Home Activity

Every lesson plan in this book has a family/home activity. This is a character-building lesson that the student takes home to do with a parent or guardian. The family/home activity reinforces the lesson that was done in the classroom and gives parents/ guardians an opportunity to participate in the character development of their child.

Recognition Plan

Learning for Life offers a recognition plan for youth that will motivate positive behavior, foster a sense of belonging to the group, assist in building self-esteem, and reward a positive work ethic.

See the Classroom Instructions for a breakdown of suggested lesson plan sets with appropriate recognitions.

Instructor Training

A Learning for Life representative will conduct a brief Learning for Life training course for all teachers, volunteers, and school administrators. For additional information on training, go to www.learningforlife.org.

Good Books Teach Character

On page 5 you will find a list of children's books that reinforce many of the lessons in this book. The list includes books that focus on each of the nine character traits taught through the Learning for Life lessons: Respect, Responsibility, Honesty/Trust, Caring/Fairness, Perseverance, Self-Discipline, Courage, Citizenship, and Life Skills.

STEM Activities

This logo denotes an activity that incorporates STEM (science, technology, engineering, and math) disciplines.

Art Activities

This logo denotes an activity that integrates art.

Anti-Bullying Activities

This logo denotes an activity that focuses on avoiding bullying behavior.



CLASSROOM INSTRUCTIONS

Display the Honor Wall chart in a prominent part of your classroom and write students' names on the chart. The honor wall chart (SKU 32140) and stickers (SKU 32136) can be obtained through the local council or by visiting www.learningforlife.org.

As you complete a set of lessons, affix one sticker by each student's name and put one on the student's clothing. There are 15 different recognition stickers. You'll notice that there is a difference in the number of assigned themes and recognition stickers; this is by design to allow the classroom teacher flexibility in selecting which recognition sticker to give. In some instances, three or four lessons may be used in a certain area before one sticker is given.

Following is the suggested breakdown of stickers and lesson plan sets.



SLOGAN: Imagination and discovery are great; learning is fun!

PLEDGE: I promise to help my family, my friends, my school, and my community.

SIGN: Open hand above eyes as if searching.

Recognition Sticker	Lesson Plan Set
Home	Something Special About Me Sticking to What's Right
Getting and Giving Respect	Respecting Differences Trust Me—I Won't Let You Down World Cultures Empathy
Transportation	Places and Maps
Community	Developing Good Listening Skills Community What Is Freedom?
Prepared	Fire Safety Being a Good Worker
Doing the Right Thing	Accepting Consequences Meeting Deadlines Never Give Up Overcoming Poor Decisions
Government	Setting Goals
Decisions	Decision Making Never Lose Sight Socially Responsible Behavior Conflict Resolution Anger/Conflict Management
Family Members	Ethnic Heritage Race, Religion, and Culture
Work	Choices Standing Up for Me Building My Courage
Proud of Myself	Self-Awareness Personal Habits for a Lifetime Building My Self-Confidence Coping With Stress
School	People Who Cheat When People Steal From Me
Health	Understanding People With Special Needs
Math	Money Management
Environment	Clean Air and Water

GOOD BOOKS TEACH CHARACTER

We have compiled this list of books that support character building. They are broken out by the nine character traits categorized in this book.

Before recommending or reading any of these books aloud, we encourage you to carefully review your selection for words or portions of the book that might be considered objectionable to some persons.

Respect

The 18th Emergency, by B. Byars Aldo Applesauce, by J. Hurwitz Between Friends, by G. Garrigue *Bicycle Man*, by Allen Say Cassie Binegar, by P. MacLachlan Crow Boy, by Taro Yashima *Felicia the Critic*, by E. Conford Frindle, by Andrew Clements Get Lost, Little Brother, by C. Adler The Glory Girl, by B. Byars Helen Keller, by Margaret Davidson Her Father's Garden, by James Vollbracht I and Sproggy, by C. Greene The Jungle Book, by Rudyard Kipling Kids Around the World Celebrate!: The Best Feasts and Festivals From Many Lands, by Lynda Jones Living in Two Worlds, by Maxine Berta Rosenberg Magnus Powermouse, by D. King-Smith Marra's World, by E. Coatsworth Me and My Little Brain, by J. Fitzgerald Miranda's Magic Garden, by Linda Atrip The Pinballs, by B. Byars Portrait of Ivan, by P. Fox Rachel Vellars, How Could You? by L. Fisher Ramona the Brave, by B. Cleary Renfroe's Christmas, by R. Burch Somewhere in the World Right Now, by Stacey Schuett The Stone-Faced Boy, by P. Fox Stories From the Blue Road, by E. Crofford The Velveteen Rabbit, by M. Bianco Wonder, by R.J. Palacio Your Former Friend, Matthew, by L. Gaeddert

Responsibility

All Alone, by C. Bishop Angel In Charge, by Judy Delton Backyard Angel, by Judy Delton Bartholomew and the Oobleck, by Dr. Seuss A Brother for the Orphelines, by N. Carson Corn Grows Ripe, by D. Rhoads Crow Boy, by Taro Yashimo Elliot Fry's Good-Bye, by Larry Dane Brimner *The Family Under the Bridge*, by N. Carlson The Get-Away Car, by E. Clymer Horse in the Attic, by E. Clymer Journey From Peppermint Street, M. DeLong Keep the Light Burning, Abbie, by Peter and **Connie Roop** The Light at Tern Rock, by J. Sauer Marvin Redpost: Alone in His Teacher's House, by L. Sachar *The Moffats*, by E. Estes *My Brother Stevie*, by E. Clymer Nessa's Fish, by Nancy Luenn On My Honor, by Marion D. Bauer One-Eyed Cat, by P. Fox Pearl's Promise, by F. Asch *Ricky Sticky Fingers*, by Julia Cook Rufus M., by E. Estes Shoemaker Martin, by Leo Tolstoy Shoeshine Girl, by C. Bulla Stone Fox, by J. Gardiner The Street of the Flower Boxes, by P. Mann What a Wimp! by C. Carrick

Honesty/Trust

After the Goat Man, by B. Byars The Always Prayer Shawl, by Sheldon Oberman Anne of Green Gables, by Lucy Maude Montgomery Bernard the Brave, by M. Sharp The Best Kept Secret of the War, by L. Todd Call It Courage, by A. Sperry Call Me Ruth, by M. Sachs Charlotte's Web, by E.B. White Courage, Dana, by S. Pfeffer The Courage of Sarah Noble, by A. Dalgliesh Elliot Fry's Good-Bye, by Larry Dane Brimner The Gold Coin, by Alma Flor Ada The Great Brain Reforms, by J. Fitzgerald